
The FOREST BREEZE

A Forest Creek Commons Publication · September 2011

Special Events

FLU SHOTS



September 14th between 1-2:30 pm in the Activity Room, Visiting Nurse Service will be here to give flu shots. We will need a form filled out and a copy of your Medicare card in advance.

There will be a form in the newsletter. If you lose yours, I will have extras in my office. I need all forms filled out and turned into me by September 9th so I can let Visiting Nurse know how many to expect.

Employee of the Month

Jamie Gordon has been an employee here at Forest Creek Commons for 2 1/2 years. She started as a part-time receptionist. When the bus driver position opened Jamie jumped at the chance. Jamie is the 9th of 10 children and has 2 children of her own, Erica, 16 and Jake, 10. She has been married for 17 years to her wonderful husband, Eric. She has 2 dogs, Lady and Buddy and a daegu named Doug. In her spare time, she is usually sleeping. Just ask any of the other residents, she's always ready for a nap! Thank you, Jamie, for all you do!

Resident of the Month

Linda Lambert has been a resident at Forest Creek Commons for 10 months. She has one sister. She retired from the Department of Treasury with 40 years of service. She had one dog a Yorkshire Terrier named was Corky. She graduated from the University of Indianapolis with a degree in business and criminal justice. In her spare time, she likes to cross-stitch and keep her flowers beautiful. You are a joy to be around, Linda!

Letter from the GM

Beatitudes For Friends Of The Aged
By Esther Mary Walker

Blessed are they who understand
My faltering step and palsied hand.
Blessed are they who know that my ears
today
Must strain to catch the things they say.
Blessed are they who seem to know
That my eyes are dim and my wits are
slow.
Blessed are they who looked away
When coffee spilled at table today.
Blessed are they with a cheery smile
Who stop to chat for a little while.
Blessed are they who never say,
"You've told that story twice today".
Blessed are they who know the ways
To bring back memories of yesterdays.
Blessed are they who make it known
That I'm loved, respected and not alone.
Blessed are they who know I'm at a loss
To find the strength to carry the cross.
Blessed are they who ease the days
On my journey Home in loving ways.

Denise L Dickey
General Manager

September-2011

Sunday

Monday





Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Movies daily at 1:30pm and 5:30pm in the Woodland Theatre</p>	<p>Wellness Clinic Every Thursday At 2:00pm In the Atrium</p>	<p>Transportation for doctor appointments available every Monday & Wednesday from 9am to 2pm.</p>		<p>1 9:00 – News & Views 10:15 – Exercise 10:30 – Juliet 2:00 – GH Social 2:30 – Scrap booking 6:00 – Mt Pleasant Church singers</p>	<p>2 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:00 – Wal-Mart 1:30 -- Catholic Communion 2:00 – Music/Silvers</p>	<p>3 9:00 – News and Views 10:15 – Exercise 10:45 -- Kickball 12:30 -- TP Bingo</p>
<p>4  9:00 – News and Views 10:15 – Exercise 2:30 – Worship with Crossroads Baptist</p>	<p>5 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:30 –Bingo 3:00 – Sundaes 3:00 – Euchre 3:00 – Walk outside</p>	<p>6 9:00 – News and Views 10:00 – Food Focus/Barb 10:30 – GH Dining out 10:15 – Exercise 10:45 – Kickball 2:00 – Happy Hour</p>	<p>7 8:30 -- Podiatrist 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 2:00 – Show time dancers Hawaiian 3:30 – Wii Bowling</p>	<p>8 9:00 -- News & Views 10:15 – Exercise 10:45 – Kickball 12:00 – GH Pitch in 3:00 – Bible Study 5:30 – Texas Holdem</p>	<p>9 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:00 – Kroger 1:30 – Catholic Mass 2:00 – Music/ Gary Keiser</p>	<p>10 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 12:30 – Bingo 6:00 – Cards with Amy</p>
<p>11  9:00 – News and Views 10:15 – Exercise 2:30 – Worship with Trinity Baptist Grandparents Day</p>	<p>12 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:00 – Bingo 2:30 – Music with Barb Fox National Assistant Living Week</p>	<p>13 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 10:30 – Golden 60's 12:00 – Manicure 1:00 – 2-1 Hearing</p>	<p>14 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:00 – 2:30 FLU SHOTS</p>	<p>15 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 11:00 – Romeo Club 2:30 – Veteran's Club</p>	<p>16 9:00 – News and Views 10:15 -- Exercise 10:45 – Kickball 1:00 -- Meijer 1:30 – Catholic Communion 2:00 – Music/ Steve Elston</p>	<p>17 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 12:30 – Bingo/Girl Scout Troop 1052</p>
<p>18  9:00 – News and Views 10:15 – Exercise 1:00 – Worship with Pleasant Valley Church</p>	<p>19 9:00 – News and Views 10:15 – Exercise 10:45 -- Kickball 1:30 – Bingo 3:00 – Root Beer Floats 3:00 – Euchre 6:30 – Sweet Gospel</p>	<p>20 9:00 -- News and Views 10:00 – GH & AL Outing 10:15 – Exercise 10:45 – Kickball 2-4 -- Euchre</p>	<p>21 9:00 - News and Views 10:15 -- Exercise 10:45 – Kickball 1:30 -- Bingo 3:00 – Happy Hour 4:00 – Birthday Dinner 5:30 Music</p>	<p>22 9:00 – News & Views 9:00 – Bake Cookies 10:15 – Exercise 10:45 – Kickball 1:00 – Apple Orchard 3:00 – Bible Study/Nancy</p>	<p>23 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:00 – Wal-Mart 1:30 – Catholic Communion 2:00 – Music/Judi Meister</p>	<p>24 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 12:30 -- Bingo 6:00 – Cards with Amy</p>
<p>25  9:00 – News and Views 10:15 - Exercise 1:00 - Worship with the Gaithers</p>	<p>26 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:30 – Bingo 3:00 -- Sundaes</p>	<p>27 9:00 – News and Views 10:15 -- Exercise 10:45 – Kickball 10:30 – Dining Out 1:30 – Sing a long/ Susan 2:30 – Painting / Kathy</p>	<p>28 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:30 – Bingo 3:00 – Wii Bowling</p>	<p>29 9:00 – News and Views 10:45 – Kickball 10:15 – Exercise 10:30-- Rick's Boatyard 1:30 – Country Ride</p>	<p>30 9:00 – News and Views 10:15 – Exercise 10:45 – Kickball 1:00 – Kroger 1:30 – Catholic Communion 2:00 – Music/ Jack Newman</p>	

Out & About

Shopping Locations

Wal-mart

Friday, September 2nd @ 1pm

Friday, September 23rd @ 1pm

Kroger

Friday, September 9th @ 1pm

Friday, September 30th @ 1pm

Meijer

Friday, September 16th @ 1pm

Adrian's Apple Orchard

Thursday, September 22nd @ 1:00 pm

GH Dining Out

Tuesday, September 6th @ 10:30am

Grays Cafeteria

Anderson apple orchard

Dining Out

Tuesday, September 27th, @ 10:30

Olive Garden

GH & AL Outing

Tuesday, September 20th @ 10:00am

West Baden Springs Tour

Romeo

Thursday, September 15th @ 11:00am

Denny's

Juliet Club

Thursday 1st, @ 10:30

Steak & Shake and Movies 8

Check the calendar for weekly shopping trips.

Activity outings sign-up by the library.

Doctor appointments transport Monday and

Wednesday between 9am and 2pm.

All activities subject to change.

Forest Creek COMMONS

*GARDEN HOMES, INDEPENDENT
& ASSISTED LIVING APARTMENTS*

6510 U.S. 31 South
Indianapolis, IN 46227

317-783-4663



At Your Service

General Manager

Denise Dickey

Clinical Director

Amber Reddy

Director of Leasing

Linda Jenks

Food Service Manager

Barb Essett

Office Manager

Christine Curtis

Maintenance Supervisor

Logan Atwood

Activities Director

Linda Poole

Housekeeping Supervisor

Missy Knapp

Bus Driver

Jamie Gordon

Special Services

Manicures: Activity room
Tuesday, September 13th at 12:00pm.

2-1 Hearing, Clyde Peddycord:
Tuesday, September 13th at 1:00pm

Podiatrist, Dr. Irene Roge:
Wednesday, September 7th starting at 8:30am.

For services sign up in the notebook placed by the
library/computer lab.

Community Specials

Music



Bob & Joyce Silvers
September 2nd @ 2pm

Show Time Dancers
September 7th @ 2pm

Gary Keiser
September 9th @ 2pm

Steve Elston
September 16th @ 2pm

Judy Meister
September 23rd @ 5:30pm

Birthday Dinner

Steve Elston

September 21st @ 5:30pm

Judi mister
September 23rd @ 2pm

Jack Newman
September 30th @ 2pm